



## **From the Personal Development Series: Create a Personal Mission Statement for your Life**

Successful companies are supposed to have mission statements but have you ever thought that you are the CEO of your own life?

Do you know what your purpose is? Why you are here? What is your purpose? How are you supposed to use your talents and feed your passions? If you don't know, any road will get you somewhere, but is it where you want to be?

This program will provide greater clarity about what your soul is calling you to do. Discover if you are living your life with intention or stuck in roles or vicious cycles that keep you victim to stinkin' thinkin'. Leave this highly interactive program with your own unique personal mission statement that will be generated from your personal vision, values and life purpose statements.

In this session you will learn:

- ★ The key ingredients to an effective mission statement
- ★ The difference between a mission and vision statement
- ★ Why mission statements need to include a values statement
- ★ The difference between a life by accident and a life by purpose
- ★ How vicious cycles stunt your potential
- ★ When you are off course, how to get back on course
- ★ How to determine what your purpose is
- ★ What filters affect how you perceive the life you are living
- ★ What to do when you are in a vicious cycle
- ★ Distinguishing between have to and must do
- ★ What areas really drive your passion in life
- ★ What values you hold most dear

*'The man without a purpose is like a ship without a rudder- a waif, a nothing, a no man. Having a purpose, throw such strength of mind and muscle into your work as God has given you. '*

Thomas Carlyle (1795-1881)

*"Meaning is not something you stumble across like the answer to a riddle or the race in a treasure hunt. You build it out of your own past, out of your affections and loyalties, out of experience of humankind as it is passed on to you, out of your talent and understanding, out of the things you believe in, out of the things and people you love, out of the values for which you are willing to sacrifice something. The ingredients are there. You are the only one who can put them together into that unique pattern that will be your life. Let it be a life that has dignity and meaning for you. If it does, then the particular balance of success or failure is of less account."*

John Gardner, Excellence and Self Renewal.